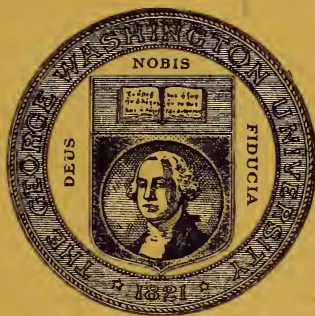


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TRAINING SCHOOL
FOR NURSES



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THE GEORGE WASHINGTON UNIVERSITY TRAINING SCHOOL FOR NURSES

The George Washington University Training School for Nurses in connection with the University Hospital, was opened February 28, 1903.

The University Hospital had been originally established in 1898 in pursuance of action of the Board of Trustees of the University which provided that "there shall be, and is hereby, established a general Hospital and Dispensary, to be conducted in the building, formerly used by the preparatory school of the University at No. 1335 H Street N.W., in the City of Washington, D. C.; and all necessary changes, alterations, and repairs, including the chairs or seats in the clinical amphitheatre, in said building, shall be made by and at the expense of the University, and shall be completed on or before September 1, 1898; the said hospital to be conducted in connection with the educational work of the Medical School of the Columbian University and for the purpose of providing clinical instruction for its students. It was further provided that the Executive Medical Faculty of said medical school shall ex officio constitute the medical staff of said hospital, and shall have charge of the patients in said hospital and of all matters of medical administration and instruction in the same."

Soon after the adoption of this Ordinance, the preparatory school building was made ready for hospital use and was opened with proper ceremonies on the first day of November 1898, the first patient being admitted to a private room on that day.

The Hospital as then constituted was small and it was soon seen that it was entirely inadequate for the purposes of a University Hospital. While the original hospital building was in use, the nursing was carried on by nurses obtained from the Children's Hospital and from the Columbia Hospital for Women as the Institution was too small to maintain its own Training School for Nurses.

On account of the inadequacy of the Hospital, action was taken to enlarge it and the Board of Trustees, inspired with the spirit of progress and with a loyal regard for the interest and future development of the Medical School, secured a loan and erected a new building immediately adjoining the old one. The University Dispensary was established in the old building and has been maintained there up to the present writing. The present Hospital, comprising the old and new buildings, contains accommodations for forty-two private patients and has open wards accommodating sixty patients.

The new and enlarged hospital was formally opened February 28, 1903, with proper dedicatory ceremonies and on the same day the Training School for Nurses was inaugurated. The course of instruction was made to cover a period of three years and included general, medical, surgical, gynecological and obstetrical nursing. The theoretical instruction comprised weekly lectures by the Professors in the Medical Department of the University; lectures on Anatomy by the Superintendent of the Hospital and recitations on *Materia Medica* under the direction of the Pharmacist. Practical nursing was demonstrated at the bedsides and taught in the class rooms by the Superintendent of Nurses. The first Superintendent of Nurses was Miss Minnie Paxton and in her report for the year 1903, dated December 17, she reports that there were then in the school

- 1 Superintendent of Nurses
- 1 Assistant Superintendent of Nurses
- 1 Night Superintendent
- 19 Pupil Nurses
- 2 Probationers

The number of nurses has been steadily increased until at the present time 40 nurses are provided for.

Miss Paxton remained as Superintendent of Nurses until June 30, 1904. She was succeeded by Miss Mary Belle Struble. Miss Struble remained as Superintendent of Nurses until September 1, 1910 when she was succeeded by Miss Birdie B. Thompson. Miss Thompson remained as Superintendent until November, 1912, when she resigned and was succeeded by Miss Mary Winifred Glascock, the Superintendent at this writing.

NURSES HOME

Before the Hospital was enlarged, the few nurses required lived in the Hospital building but when the new Hospital was put in operation, the nurses were placed in rented quarters at 1324 I Street, directly behind the Hospital. This building was used by them until May 1, 1909 when another and larger nurses' home was rented at 1412 I Street.

The disadvantages of housing the nurses in rented quarters were many and finally in 1912 a Nurses' Home was purchased at 1016 13th Street, N.W. This was further enlarged in 1913 by the purchase of the adjoining house 1300 L Street so that at the present writing the nurses have excellent and adequate accommodations.

BOARD OF LADY MANAGERS

Since the establishing of the Hospital and Training School for Nurses, both these Institutions have been very materially assisted by a most efficient Board of Lady Managers. This Board has worked most energetically in the interest of both the Hospital and Training School and by personal endeavor and financial assistance have done much to improve these Institutions.

DIRECTORY FOR NURSES

A general directory for Graduate Trained Nurses was established in connection with the Training School and Hospital during the first year in which the Training School was in operation. The object of this directory is to afford a means to physicians and patients of securing with the least loss of time, the services of competent and reliable trained nurses. The directory is under the supervision of the Executive Committee of the Faculty of Medicine and under the direct charge of the Superintendent of Nurses. In this directory two lists are maintained. The first, or preferred list, is that of graduates of the University Training School for Nurses. When nurses are called for by physicians they are taken from this list until the list is exhausted, for the reason that the Directory for Nurses was primarily the University Training School Directory and carried on not only to assist physicians and patients, but the graduates of the University Training School also. A second list is kept, consisting of names of such reputable trained nurses as may apply for registration and are approved by the Executive Committee of the Faculty. This list is open to all reputable nurses and is used when the Training School list is exhausted. It is intended that registration in these lists, so far as is possible, shall be a guarantee of competency and reliability.

OBJECT AND ADMINISTRATION OF THE TRAINING SCHOOL

The object of the Training School is to give instruction to women in the art of nursing. It is under the general supervision of the President and Board of Trustees of the University and under the direct control of the Executive Committee of the Faculty of Medicine and under the immediate charge of the Superintendent of Nurses. The University Hospital is an integral part of the Medical School of the University and was founded primarily for teaching purposes. It has all the advantages arising from connection with a Medical School of high grade.

The Staff of the Hospital are all members of the Faculty of Medicine of the Medical School and the nurses receive the benefit arising from instruction and nursing cases under these trained instructors.

The Hospital itself is a general hospital located in the central part of the city and connected with it there is a Dispensary having a large outpatient service, so that the Institution affords a thorough and practical experience in medical, surgical, gynecological, obstetrical and emergency nursing and the administration work incident to a hospital.

REQUIREMENTS FOR ADMISSION

Candidates must apply personally or by letter to the Superintendent of Nurses upon blank forms provided therefor. Applicants must be 19 and not over 30 years of age. They must be in good physical con-

dition and present satisfactory evidence of their preliminary educational qualifications. Graduation from a grammar school and two years work in a high school or academy or its equivalent is necessary. Approved applicants will be taken for a probationary period of four months as vacancies may occur. Such probationers as are deemed fitted for the duties of nurses, at the expiration of their probationary period, upon subscribing to the requirements of the school, will be accepted as pupil nurses.

COURSE OF TRAINING

The course of training (including the probationary period) covers three years and comprises practical and theoretical instruction. Practical instruction is given in the wards of the Hospital under the supervision of the Superintendent of Nurses.

The theoretical instruction is given by members of the Faculty of Medicine and by the Superintendent of Nurses and her assistants. The course in theoretical instruction is as follows:

First Year—Anatomy and Physiology, Bacteriology, Practical Nursing.

Second Year—Materia Medica, Anatomy, Nursing of Skin Diseases, Nursing of Medical and Contagious Diseases, Nursing in Diseases of Ear, Nose and Throat, Nursing in Diseases of Eye.

Third Year—Nursing of Sick Children and Infant Feeding, Obstetrical Nursing, Gynecological Nursing, Surgical Nursing, Dietetics, Massage.

REGULATIONS

I. Probationers, when admitted to the School, will require the following outfit:

Uniform—3 Uniform Dresses, 3 Uniform Caps, 14 Uniform Aprons, 1 doz. pairs Uniform Cuffs, 1 doz. Uniform Ties, 1 doz. Uniform Collars.

Additional Articles—3 Striped Underskirts, 1 Bath Robe, 2 Laundry Bags, 1 pair Slippers, 2 pairs Shoes, with rubber heels, 1 Watch with Second Hand, Text Books.

II. The cost of the uniform, exclusive of the caps and collars, is thirty dollars. Text-books for the entire course cost about eight dollars. The cost of the other articles is small.

III. A probationer on admission may bring with her any or all of the articles of her outfit except her uniform. If she is unable to pay for her outfit, it will be furnished her by the Hospital and one-half her monthly pay will be retained until the cost of the articles is defrayed. All articles furnished by the Hospital will belong to the Hospital until paid for.

IV. To insure uniformity and economy the uniform must be procured through the Superintendent of Nurses, and no nurse will be allowed to go on duty until her outfit has been inspected and found to comply with the requirements of the School.

V. All articles of clothing must be plainly made and marked with name in full.

VI. Jewelry is not allowed to be worn on duty, and if of any value, is best left at home. If brought it will be at the risk of the owner.

VII. Two hours, if work permits, are allowed every week day, for rest, study and recreation, also one-half day after 2 p.m. each week, and four hours each Sunday.

VIII. A vacation of two weeks is allowed each year and in case of senior pupil nurses, a vacation of four weeks will be allowed if the Hospital duties permit.

IX. A pupil nurse may be dismissed at any time if there is sufficient cause for such action, but no dismissal shall be made without the approval of the President of the University.

SALARY

Instruction and training are considered the full equivalent for the services of a pupil nurse; however, a salary is paid of seven dollars a month (including the four months probation period).

GRADUATES


Since the opening of the school in 1903 to June, 1914, ninety nurses have been graduated.

LIST OF GRADUATES 1903 TO 1914

NAMES		GRADUATED
Rebekah Blue.....	West Virginia	1906
Mary Carey.....	Virginia	1906
Pauline Childs.....	Maryland	1906
Mary Hardy.....	Virginia	1906
Martha Henry..	Virginia	1906
Ellen Henson.....	Virginia	1906
Mary Elizabeth Morgan.....	Virginia	1906
Lillian Oliver.....	Georgia	1906
Elenor T. Paul.....	North Carolina	1906
Nina Post.....	Pennsylvania	1906
Ruth Price.....	Virginia	1906
Nellie Rothwell.....	District of Columbia	1906
Eula Watkins.....	Virginia	1906
Arnette Williams.....	Louisiana	1906
Marie T. Ryan.....	Ohio	1907
Alice T. Stabler.....	Virginia	1907
Jennie Page Avery.....	Michigan	1908
Annie Buscher.....	Virginia	1908
Laura Stokes Duke.....	Virginia	1908
Mabel Anetta Jones.....	North Carolina	1908
Emma Trimble Lohr.....	Virginia	1908
Florence Miller.....	New York	1908

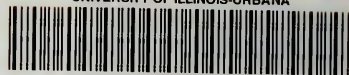
NAMES	GRADUATED
Ada Nelson.....	Virginia.....1908
H. Massie Taylor.....	Virginia.....1908
Birdie Beall Thompson.....	Maryland.....1908
Mable M. Thomas.....	Virginia.....1908
Fannie B. Carter.....	Virginia.....1909
Nellie J. Cleaver.....	Pennsylvania.....1909
Ellen McGid Garrott.....	Maryland.....1909
Anna Kate Herbert.....	Maryland.....1909
Ada Isabelle Humphrey.....	Virginia.....1909
Evelyn Hurdle.....	Maryland.....1909
Mamie A. Mathews.....	Georgia.....1909
Roberta Corson Morgan.....	Virginia.....1909
Agnes Irene McKelby.....	Ohio.....1909
Louise B. Page.....	West Virginia.....1909
Minnie H. Redman.....	District of Columbia.....1909
Rose T. Ridgley.....	Maryland.....1909
Carrie R. White.....	New York.....1909
Sadie Willoughby.....	District of Columbia.....1909
Sadie Washington.....	Virginia.....1909
Freda Fanetta Feidt.....	West Virginia.....1910
Arminta Howell.....	Virginia.....1910
Ida May King.....	Maryland.....1910
L. Pearl Mewshaw.....	Maryland.....1910
Mattie Duval Quinn.....	Virginia.....1910
Rachel Trimble.....	Virginia.....1910
M. Catherine Amberger.....	Virginia.....1911
Amelia Balser.....	Virginia.....1911
Grace Wynona Brown.....	Maryland.....1911
Fay Gring Butler.....	Pennsylvania.....1911
Lily Hughes.....	England.....1911
Dora V. Krebs.....	Maryland.....1911
Lucy Lamon.....	Virginia.....1911
Nannie Stone Moncure.....	Virginia.....1911
Adelaide Parsons.....	California.....1911
Tresa Starkweather.....	District of Columbia.....1911
Ruth M. Tappan.....	District of Columbia.....1911
Jessie Whyte.....	Maryland.....1911
Nettie Anderson.....	New York.....1912
Ida Bell Carskadon.....	West Virginia.....1912
Eliza Chinn.....	Virginia.....1912
Elizabeth R. Dorsett.....	Maryland.....1912
Lily Catherine Jolliffe.....	Maryland.....1912
Elfrieda Lundine.....	Sweden.....1912
Alice May Melton.....	North Carolina.....1912

NAMES	GRADUATED
Jane Morgan.....	Virginia 1912
Emily Stone Mowatt.....	Canada 1912
Ethel B. Raymond.....	District of Columbia 1912
Lelia Sisk.....	North Carolina 1912
Elizabeth D. Smith.....	Virginia 1912
Laura Spencer.....	Virginia 1912
Annie Tomlinson.....	England 1912
Isabelle Pauline Barber.....	Maryland 1913
Eva Bowen.....	Maryland 1913
Ivy Bready Cashell.....	Maryland 1913
Celeste J. Gust.....	Ohio 1913
Namoi Jones.....	Pennsylvania 1913
Curtis Maude Ownby.....	North Carolina 1913
Isabelle Price.....	North Carolina 1913
Gertrude Mary Adams.....	New York 1915
Ella Clayton Buckley.....	Virginia 1914
Daisy Edna Case.....	Virginia 1915
Ruby May Garthright.....	Virginia 1914
Nannie May Pike.....	North Carolina 1914
Sidney Sophia Pearson.....	Virginia 1914
Elizabeth Key Quesenberry.....	Virginia 1914
Mary Bennett Quesenberry.....	Virginia 1914
Catherine Meta Swart.....	Virginia 1914
Wilhelmina Triplett.....	Virginia 1914



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